

# WELCOME TO MIDDLE ISLAND!

Middle Island Adult Day Health Services is the area's premier location for adult day health services.

If your loved one is living at home and may benefit from nursing, medical and rehabilitation services, while providing socialization during the day, Middle Island Adult Day Health Services is here to help.

## MIDDLE ISLAND WEST

575 Clayton Street  
Central Islip, NY 11722

T: 631.234.0550

F: 631.234.0635

[www.middleislandwest.com](http://www.middleislandwest.com)

## MIDDLE ISLAND EAST

45 Rocky Point Road  
Middle Island, NY 11953

T: 631.924.0700

F: 631.924.0894

[www.middleislandeast.com](http://www.middleislandeast.com)

Open 7 days a week, 9am - 3pm  
Door-to-Door Handicapped  
Accessible Transportation



# MIDDLE ISLAND

ADULT DAY HEALTH SERVICES

# LIVE THRIVE BELONG

For more information, please  
contact us at:

[info@middleislandwest.com](mailto:info@middleislandwest.com)

[info@middleislandeast.com](mailto:info@middleislandeast.com)



Disclaimer: Middle Island ADHS programs do not discriminate in admission, retention or care of its Registrants because of race, religion, creed, color, national origin, age, sex, disability, sponsor, handicap, source of payment, marital status, sexual preference or blindness. Middle Island's ADHS programs shall accept and retain only those Registrants for whom it can provide adequate care.



## ABOUT US

Our Adult Day Health Services is a medical model day program providing medical care and socialization to those living at home, while also offering respite to their caregivers. Working with your community doctors, our program manages all the health and medical needs of each participant. Our program is monitored by registered nurses in a day setting, allowing these individuals to remain at home and in their communities. In addition, we will assist with coordination of services which allows families and caregivers to maintain their daily schedules.



### The following is offered to those participants in need of care services:

- Nursing Care and Assessments
- Catheter Care - Foley, Straight, Texas
- Diabetic Management - Finger sticks and Insulin Injections
- Ostomy Care - Colostomy, Ileostomy, and Urostomy
- Tube Feedings
- Wound Care
- Medication Management
- Injectable Medication

### REHAB

- Occupational Therapy
- Physical Therapy
- Speech/Language Therapy

## Therapeutic Recreation

- Physical Activities
- Walking Program
- Memory Training
- Wellness Programs
- Arts & Crafts
- Entertainment
- Religious Services
- Spanish Programs
- Monthly Trips & Outings

## Additional Care

- Podiatry
- Ophthalmology
- Dentistry
- Audiology
- Phlebotomy/Lab Services
- Pharmacy
- Portable X-ray

## Social Services

- Psycho Therapy
- Psychiatry
- Social Work & Case Management

